

COVE PARK

Handbook
Spring 2024

Welcome to Cove Park

This Handbook has been produced for use before and during your stay at Cove Park.

Please read it when preparing for your residency. If you have additional questions, please contact a member of the team via email or phone.

Please confirm your arrival time with a member of the team as soon as you can. Accommodation will be ready to enter from 12 noon, but you are welcome to arrive before this time and be based in the Jacobs Building until your accommodation is ready.

When you arrive you will be met by a member of the team who will give you a tour of the Jacobs Building, introduce you to colleagues, and answer any questions.

We look forward to welcoming you to Cove Park.

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E-mail: information@covepark.org
Web: www.covepark.org

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Introduction to Cove Park

Based on an outstanding 50-acre site in Argyll, on Scotland's west coast, Cove Park offers a breath-taking rural location approximately 70 minutes from Glasgow by road or rail.

Cove Park was founded in 1999 by Eileen and Peter Jacobs with the aim of supporting national and international artists and creative practitioners - at all stages of their careers and working in every art form and creative discipline - to develop new ideas and produce new work.

Cove Park produces a year-round programme of residencies, projects, and commissions, often working in partnership with other national and international organisations, to ensure this programme benefits as many individuals, groups, and communities as possible.

Aims and Ethos

Our aims are:

- To provide individuals and collaborative groups with the time, space, freedom, and support required to undertake research, explore new ideas, develop their creative practices, and produce new work.
- To produce a programme of national and international residencies and events to facilitate collaboration, cross cultural exchange, and dialogue.
- To promote interaction and collaboration between the arts, creative industries, and academic and scientific sectors.
- To work in partnership with individuals and organisations within Scotland, the UK and internationally, to ensure Cove Park maintains a transnational profile and to ensure residents can benefit from its networks.
- To actively involve audiences and participants from our local community and beyond in its programme through an innovative and ambitious engagement programme.
- To ensure Cove Park remains a site of outstanding natural beauty.

Travelling to Cove Park

From Glasgow by Train/Bus:

Trains run every half hour between Glasgow Queen Street and Helensburgh Central. From Helensburgh, you can take a taxi to Cove Park (approximately 30 minutes and costing £30) or catch the **316-bus service** to Coulport, for the Peaton Hill bus stop (payment can be made by card). **Please note that it is about a 15-minute walk up a steep hill from the bus stop to the Jacobs Building.**

Alternatively, trains run from Glasgow Central to Gourock where a **CalMac passenger ferry service** crosses the Clyde to Kilcreggan (10 mins by taxi to Cove Park, or via the 316-bus service). Tickets are purchased on the ferry (cards and cash accepted). At Gourock follow the signs to the Dunoon Ferry/Ferry Terminal building (be mindful to take the Kilcreggan ferry (and not the one for Dunoon)). **Please note that ferry service is unavailable on Sundays.**

From Glasgow International Airport:

Glasgow International Airport is served by most of the main operators with flights to over 100 destinations around the world. The airport is 45 minutes' drive from Cove Park. Alternatively, trains run from Paisley Gilmour Street railway station, which is 10 minutes by shuttle from Glasgow Airport, to Gourock, allowing you to connect with the passenger ferry. From Glasgow Airport take shuttle to Paisley Gilmour Street Station.

The passenger ferry to Kilcreggan leaves the quay just before you reach the terminal and tickets can be purchased on board. The ferry schedule changes every six months and it is advisable to check the times on the CalMac website [details above] or phone 0800 066 5000.

The ferry does not cross in poor weather or high winds. We recommend that you always check the ferry twitter page @CalMac_Updates before setting out.

If you choose to take a taxi to Cove Park from Glasgow International Airport, it will likely cost at least £70. You can take an Uber to Cove Park from Glasgow, but Uber is not available on the Peninsula. **Taxi contact information available on page 20.**

Directions by Car:

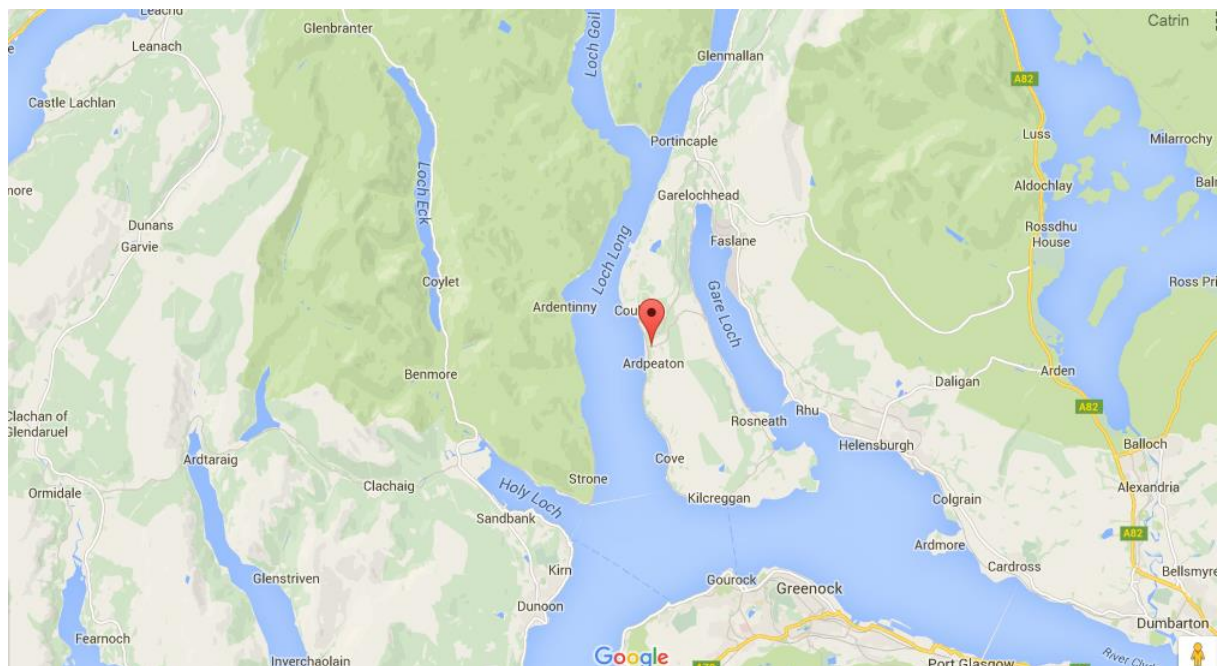
- On M8, go west through Glasgow

- Cross Erskine Bridge going North
- Take A 82 signed Crianlarich
- Keep going along Loch Lomondside
- Take A 817 signed Garelochhead
- Drive 20 mins to roundabout
- Take road signed Arrochar
- Drive one mile to second roundabout
- Take road signed (in red) Coulport
- After 4.4 miles turn left immediately after sign ‘Accident Blackspot’
- At T-junction next to Nature Reserve turn right
- Cove Park is 300 yards on the left

Our nearest electric vehicle charging point is located at [Cove Burgh Hall](#) and is a 22kW Dual BP Chargemaster. [More information available here.](#)

General Transport:

The Rosneath Peninsula is serviced by a regular and reliable bus service run by Wilson’s of Rhu. The bus enables residents without a car to travel to the local villages. Bus drivers will accept payment by card or exact fare if paying with cash. [The bus timetable is available here.](#)



The Site

Immediately prior to becoming Cove Park, the site which overlooks Loch Long, was the home of a conservation park, keeper of Highland cows, sheep, goats, doves, and other animals. The land has been very lightly managed over the past 22 years, to continue to retain and preserve its local flora and

natural state. Currently, the Highland cows and sheep are allowed to roam free across most areas of the site.

One Nissen Hut remains at Cove Park. This structure dates from when the land was used for naval storage (the site is just a short drive away from the naval bases RNAD Coulport and HMNB Clyde, Faslane). The plinths of all 13 of the original Huts remain on site and serve as the foundations for some of the Cubes. The Bridge, which links the top of the site to the area where most of Cove Park's accommodation and studios are located, was commissioned by Eileen and Peter Jacobs in 2001 and is by former resident Richard la Trobe Bateman.

The Jacobs Building, the main car park, and two accommodation spaces with adjoining studios (one of which is accessible for wheelchair users - please get in touch with wheelchair dimensions), are located at the top of the site. A further eight accommodation units (the Pods, which date from 2001 and the Cubes from 2002 and 2006) plus three studios are located beyond the Bridge, just a few minutes' walk downhill from the Jacobs Building.

The path, which leads from the Jacobs Building to the Bridge is lit by solar lights. An unclassified track (the Dover Road) runs from the car park through the site and down to the Peninsula's Barbour Road. Please close behind you all gates on the path between the Jacobs Building and the accommodation, and on the Dover Road (Cove Park has six Highland cows and hosts a local farmer's sheep). In spring 2022, Cove Park's team, residents, and volunteers planted 500 native trees to create a new woodland behind the Jacobs Building as part of the Argyll Beacon programme.

Walks & Loch Access

There are many enjoyable walks on the [Rosneath Peninsula](#). The Barbour Road can be accessed from the gate at the bottom of Cove Park's site. This single-track road leads to Cove and Kilcreggan villages (it takes approximately one hour and 15 minutes to walk to Kilcreggan). The nearest stretch of shoreline is accessible at the bottom of Peaton Hill and the junction with Shore Road - follow the track opposite the bus stop at this junction down to the water. You may also want to visit Peat Glen Wood (10 minutes' walk from Cove Park) and the walk across the top of Peaton Hill via Forestry Commission land. Please speak to a member of the team for directions and more information.

Please be advised that due to Cove Park's proximity to RNAD Coulport and HMNB Clyde (Faslane), police and military personnel often patrol the Peninsula, especially the beach area closest to Cove Park that faces Coulport. Although it doesn't happen often, they may stop and ask you a few

questions. If you are stopped by the MOD police and feel in any way uncomfortable or concerned about this, please do not hesitate to contact a member of Cove Park's team (contact details on page 19 of this handbook).

Loch Long is accessible for swimming just a ten-minute walk from Cove Park. Please be careful and mindful of the currents. The beach is rocky with sharp shells - we advise wearing water shoes. [Rosneath Castle Park](#), a 12-minute drive from Cove Park, offers water sports, including kayaks and paddleboards for hire.

Access on Site

Cove Park's 4x4 jeep is available for use by residents aged 25 and above with a full driving license. If you travel to us with your own car, it is possible to drive and park down site. Please mind the 10-mph speed limit on Dover Road and close the gates behind you. If you would prefer not to drive down site, bags and studio equipment can be transferred via the Cove Park jeep. If you choose not to park your car down site via the Dover Road, please park on the gravel area by the Jacobs Building.

The site's terrain is rough and can be slippery during heavy rainfall. Only the main footpath via the Bridge is lit at night (a small number of head torches are stored in the Boot Room - please return them after use). Please use caution when on site and walk on the chicken wire when on wooden surfaces (placed over the wooden decking by the accommodation and the studios). Although we have third party insurance, we cannot accept responsibility if residents neglect these cautions.

We generally have First Aid trained members of the team on site during office hours. However, Cove Park is not staffed during the evenings and weekends. A fully stocked first aid kit is available in the Jacobs Building kitchen and in each accommodation unit. All accidents or injuries should be reported to the staff team and will be included in the incident report book. Emergency and medical numbers are detailed below.

A defibrillator is attached to the external wall of Studio H adjacent to the Jacobs Building.

All accommodation units detail our Fire Action Plan and have a fire extinguisher, fire blanket, and emergency whistle. Please prioritise your own safety and only tackle a fire if it is safe to do so. If in an emergency you evacuate your accommodation or studio, please use the whistle to alert others on site. The muster point is by the bin and recycling enclosure at the

main entrance at the top of the site, by the Jacobs Building. We test the fire alarm every Tuesday morning.

Cove Park's Vehicle

Cove Park has one 4x4 jeep. Its primary purpose is to support access around the site, and it is used frequently by our Housekeepers and Maintenance team (usually all day on Monday). When not in use on site, residents are welcome to borrow the jeep for short, local trips. Our insurance covers drivers aged 25+ with a clean licence, eligible for the UK. Please speak to a member of the team if you would like to use the vehicle during your residency. Before borrowing the car, please complete the [Waiver Form](#). When you refuel, please remember it is diesel and the nearest garage in Garelochhead is not open on Saturday or Sunday. The Tesco garage in Helensburgh is open until midnight each day.

E-Bikes

Cove Park has three electric bikes located in the boot room of the Jacobs Building that can be borrowed for short trips around the peninsula. Before borrowing the e-bike, please see a staff member to complete the Waiver Form.

Recycling and Carbon Footprint

Cove Park is a member of the Green Arts Initiative, the Green Art Lab Alliance and a co-founder of NAARCA, the Nordic Alliance of Artists' Residencies on Climate Action.

We are working hard to reduce waste across the site and to recycle as far as possible, with the aim of reducing of our carbon footprint significantly. We provide eco-and environmentally friendly products in our kitchen, toilets, bathrooms, and in the laundry.

The Jacobs Building has a large food waste bin in the kitchen and a general waste bin. Containers for recycling paper, tins, and bottles are in the Boot Room.

Large bins for general waste and recycling are located next to the main entrance at the top of the site. Rubbish is collected on Tuesday mornings. Please recycle as much as you can: paper, cardboard, hard plastic (no plastic film or bags), glass and cans should all be recycled. Food waste bins are available in the Pods.

In a further bid to reduce our carbon footprint, we use local suppliers as far as possible. There are several very good local, independently owned shops

on the Peninsula. Food orders can be placed at Cove Country Store in advance, and further details are provided below.

The Jacobs Building

The award-winning Jacobs Building was designed for Cove Park by Cameron Webster Architects and opened in 2016. It provides beautiful spaces for work, meetings, events, and dinners, and is the main communal space on site.

The Jacobs Building is available for residents 24 hours a day. The Office is staffed between 9.00am and 5.00pm, Monday to Friday. On arrival, you will be given a tour and shown how to access the Jacobs Building when the team are not on site. A member of the housekeeping team is generally on site each weekday morning to clean the Jacobs Building and accommodation when required.

Jacobs Building Kitchen & Dining Area

The kitchen in the Jacobs Building and the dining area are available for everyone to use. The communal pantry has pasta, rice, pulses, oils and spices - provided by Cove Park - and all residents are welcome to use these supplies. We have two fridges and freezers: one marked for communal use and one for personal use. If you have fresh, dry or tinned food that you would like to share, please place these items in the communal fridge, freezer or cupboards. In addition to the electric hobs and ovens, appliances available for use include an air fryer, rice cooker, Ninja blender, a filter coffee maker, and a small deep fat fryer.

All areas of the Jacobs Building should be left clean and tidy after use; cleaning products are available in the cupboards under the sinks. All dishes should be washed in the dishwasher.

The wood burning stove can be used by residents and wood is stored in the Boot Room.

SAFETY: Never leave a fire unattended -- particularly if there are children in the vicinity. Close the wood burner's door using the gloves provided and please do not place anything on top of it. If you need assistance, please ask a staff member.

The Library

Cove Park's reference library is a wonderful and growing resource for residents and visitors. It consists of approximately 1,800 books, pamphlets, and journals - brought together entirely through kind donations from residents and other arts and cultural organisations - and includes signed first editions and limited edition publications.

In 2023, we launched a partnership with [Cove Community Library](#). This volunteer-run library now includes shelves with a changing selection of books by former Cove Park residents and we are delighted to reciprocate with a selection of local history and natural history titles at Cove Park on loan from our local library.

You are welcome to make use of the collection whilst on residency, and please return borrowed books to the shelves at the end of your residency.

Workspace

Residents are welcome to work in the Jacobs Building. When not in use for a specific project, event, or meeting, both the Monument Trust Room and the Robertson Trust Room can be used by everyone on site. Please speak to a member of the team if you would like to reserve one of these spaces for meeting or other short-term activity related to your work.

Telephone & Wi-Fi

Landline telephones are not provided in Cove Park's accommodation units, please bring a mobile phone with you. Wi-Fi is now available in the Jacobs Building and in every accommodation unit. The network name and password are displayed by the work desk in the Library and in each accommodation unit.

Laundry

The communal Laundry has two washing machines and a tumble dryer. We provide environmentally friendly laundry liquid and fabric softener. The Laundry can be used between 1pm and 5pm on Tuesdays, Wednesdays, Thursdays, and Fridays (housekeepers use the laundry on Monday and on weekday mornings). It is also available for use on Saturdays and Sundays. Clothes can be hung to dry on the rack in the Drying Room or on the outdoor clothesline at the top of the site by the Jacobs Building (please use this instead of the tumble dryer whenever possible).

Accommodation

Residents are allocated one of three types of self-catering accommodation:

The Pods (Oak and Taransay)

Both Pods have two en-suite bedrooms. Oak has a large, shared kitchen and lounge. Taransay has one shared lounge and two self-contained kitchenettes. All kitchens contain a microwave, hob, pots and pans, a kettle, fridge, cafetiere and toaster. Oak Pod has two double bedrooms; Taransay has two bedrooms which can be set up as double or twin rooms. The Pods featured in the BBC series *Castaway* and were moved from the Hebridean Island of Taransay to Cove Park in 2001. The Pods were refurbished in 2020/21, with support from Ab Rogers Design and Bute Fabrics.

The Cubes

The six Cubes have open plan bedrooms (with double bed), mini-kitchens - with a microwave, electric hobs, pots and pans, a kettle, fridge, cafetiere, and toaster - sitting/work area with a sofa (a sofa-bed) and desk, and shower-room. The Cubes are well-insulated and contain electric radiators. The original Cubes (Arran, Bute, and Cumbrae) were created by the London-based company Urban Space Management in 2002 and are constructed from recycled freight containers. They were upgraded and refurbished in 2020/21 by Cameron Webster Architects. A second set of three accommodation Cubes (Danna, Eriskay and Fladda) were installed in 2006.

Accommodation at The Jacobs Building

Two accommodation units are located at the top of the site (Gigha and Haslam). Both have kitchenettes and private bathrooms. Gigha is wheelchair accessible and has a double bed. Haslam has a double bed. Both contain a work desk and a kitchenette with a microwave, hob, pots and pans, toaster, cafetiere, kettle and fridge. G and H both have adjoining studios, which are reserved for residents in conjunction with the accommodation. Please get in touch with a member of staff to inquire about specific accessibility measures.

The Studios

The studios are ideal as a general workspace, and the allocation of studio space is agreed in advance of each residency. Cove Park has five private studios: 1, 2 and 3 are located down site (approx. 26m sq.); the other two are located at the top of the site, connected directly to the accommodation adjoining the Jacobs Building. Each studio has good natural and artificial

lighting, desks, chairs, and sinks. Studios connected to G and H have partial black out.

What Cove Park Provides & What to Bring

We provide:

Bed linen (we have satin pillowcases, upon request)

Hot water bottles

Toilet paper

Small first aid kits in the accommodation

Environmentally friendly washing up liquid and cleaning materials

Laundry detergent and fabric softener

An iron and ironing board are in the Laundry Room.

A basic supply of dried goods, oils, and spices (please see section on **Food & Shopping** below)

Please bring with you:

Waterproof clothing, wellies, walking boots (weather conditions can change quickly).

A torch

Towel and wash cloth

A Bluetooth speaker or radio

A hairdryer

Adaptor plugs

Toiletries

Inventory & Maintenance

Please return any items borrowed or moved between the accommodation and studios at the end of your residency and report any breakages or damage in your accommodation to the team before your departure. In the unlikely event of serious damage to Cove Park's fixtures and fittings, the resident bears full responsibility for repair and/or replacement.

Maintenance Issues

Please report all maintenance issues via email to Thom Rees at thom@covepark.org or speak to a staff member in the office. If the issue is urgent, please contact a member of the team directly (contact numbers provided below).

The Nissen Hut

The Nissen Hut can be used as a workshop and studio by prior agreement. It has no natural daylight but has power and lighting. If you plan to work in the Nissen Hut, please bring your own personal protective equipment, such as dust masks and eye protection. There is a First Aid Kit in the Nissen Hut.

Please note: Cove Park does not provide tools. Residents should bring their own specialised equipment and are responsible for insuring their own items. **Please notify staff of any potentially dangerous equipment that you are bringing on site. If you are bringing chemicals or other hazardous materials or substances on site, please alert staff, so that we can advise if they can be stored safely.**

Toilets & Baby Changing

Cove Park is not on mains sewage and relies upon septic tanks, which are not as sturdy as a mains system. Only toilet paper should be flushed. Please dispose of sanitary waste, wipes, or cotton pads in the bags provided, and place in the waste bins in the bathrooms on site.

A baby's changing table is provided in the wheelchair accessible toilet in the Jacobs Building.

Keys & Security on Site

We do not provide each resident with keys for the Jacobs Building. When you arrive, a member of the team will show you how to open the key box and provide you with the code. Please return the main door key to this box immediately after use. If you are the last to leave the Jacobs Building, please ensure all lights, the cooker hobs and ovens are switched off, and all external doors are locked from the inside before locking the main door.

We provide one set of keys for each unit of accommodation. This will be in the main door of your accommodation when you arrive. If you have any questions concerning security on site, please contact a member of the team directly.

Cove Park has property insurance but is not responsible for your personal valuables or any equipment you bring to the site. The office has temporary secure space for small items if required.

No Smoking Policy

Cove Park has a no smoking policy in all its buildings. We ask residents to smoke outside, and away from the main entrances to the Jacobs Building.

Food, Shopping & the Communal Pantry

Our residencies are self-catering. If possible, please bring food with you on the day you arrive. Our Communal Pantry in the Jacobs Building is open to everyone on site and is replenished regularly. It includes:

- white/brown basmati, paella, and risotto rice
- penne and spaghetti pasta
- lentils
- broth mix, vegetarian broth mix, stock cubes
- ginger, cinnamon, turmeric, chilli powder and flakes, cumin, coriander, cayenne pepper, garam masala, mixed dried herbs, cardamon pods
- tea, coffee, and sugar

At the end of your residency, please consider leaving any unopened tinned or dried goods in the Communal Pantry for others to use. Thank you.

There are several very good local shops, listed below, and a small supermarket in Rosneath (Cove Park is a ten-minute drive from local shops in the villages of Cove, Kilcreggan and Rosneath, and a twenty minutes' drive from the town of Helensburgh). Some local shops and farms will deliver to the Jacobs Building, and food can also be ordered online and delivered directly to Cove Park via major UK supermarkets (Asda, Sainsbury's, Morrisons, Tesco, Waitrose).

For Kosher groceries, you can order from [Mark's Deli](#) in Giffnock for delivery. For Halal meat and groceries, you can order from [House of Halal](#) in Glasgow for delivery. If you are not comfortable with cooking, we recommend ordering delivery from [Cook](#).

Local amenities include:

- [Ardardan Farm Shop \(delivery available\)](#)
- [David Dean's Fish](#) (delivery to Cove Park upon request on Tuesday morning at 8.00am)
- [Cove Country Store](#)
- [Gingerbread Man Bakery](#) (this baker delivers to Cove Country Store - order on a Tuesday to collect on Saturday)
- [K Walkers Butchers, Kilcreggan](#)
- [Co-op Grocery Store, Rosneath](#)
- [Bank of Scotland, Kilcreggan](#)
- [Boots Chemist, Kilcreggan](#)
- [Cove Community Library \(at Cove Burgh Hall\)](#)
- [Cove and Kilcreggan Film Society \(at Cove Burgh Hall\)](#)

- Eureka Hardware Store, Garelochhead (01436 810134)
- [Kilcreggan Post Office](#)
- Needle and Anchor hardware, Rosneath (01436 831928)
- [Raymond Grieve Builder's yard](#)
- Crust on a bike: 100% authentic sourdough, made in Kilcreggan and delivered locally (on a Friday) by cargo bike. Call Petrina on 07719962544 to order. The delivery route is currently limited to Kilcreggan and to Cove Burgh Hall, but local collection can be arranged.

The nearest petrol station is in Garelochhead or if travelling north, in Arrochar.

Helensburgh has branches of Scottish main banks and building societies, as well as Morrisons, Tesco, Co-op, Boots and WH Smith. Helensburgh also has a small art store and a larger DIY store.

Eating Out

There are several good local cafés and restaurants:

- Knockderry House Hotel, Cove
- Loch Fyne Oyster Bar, Loch Fyne
- The Creggans Bar, Kilcreggan
- The Perch Café, Garelochhead
- Gingerbread Man Café, Helensburgh
- Riverhill Café, Bar and Restaurant, Helensburgh
- Peckhams, Bar and Restaurant, Helensburgh
- Sugar Boat, Helensburgh
- Café Continental, Gourock

Guest & Pet Policy

Guests are welcome, but as far as possible please invite guests at the weekend. For health and safety reasons, please let a member of the team know by email the names and contact details of all guests.

Unless your pet is instrumental to your access needs, we ask you to come alone.

Community Ethics

As an artist in residence within a broader creative community at Cove Park, we expect you to share our pursuit of fostering a safe and inclusive environment that allows all residents, visiting artists, public participants and guests to have a safe, positive experience at Cove Park. Harassment, of any kind, will not be tolerated. Furthermore, you are expected to adhere to all national and local laws and regulations.

Cove Park aims to provide a safe and positive environment for everyone, and to actively dismantle discrimination based on age, disability, gender identity, marriage or civil partnership status, pregnancy or parental status, race including skin colour, nationality, ethnic or national origin, religion or belief, sex, and sexual orientation. Additionally, we aim to dismantle discrimination based on educational background, gender expression, hair texture and hairstyle, immigration status, language ability, markings and/or tattoos connected to spiritual rituals from pre-colonial cultural practices, neurodiversity, physical and mental health, size, and socio-economic status or background.

As language, terms, and expressions inevitably evolve, Cove Park is committed to reviewing this statement regularly - and as often as it becomes appropriate - with our local, national and international communities.

If a resident feels that the integrity of this community has been breached and a member has failed to adhere to our collective aims, we welcome them to speak with Director Alexia Holt (alexia@covepark.org) or Programmes & Communications Producer Alex Marrs (alex@covepark.org) to engage in a dialogue around harm reduction and/or prevention and relationship repair, if they wish to do so. We endeavour to treat all claims of abuse, harassment, aggressions both micro and macro, seriously and equitably, and resolve to thoroughly address and mindfully investigate any such matters that may arise.

Mental Health & Wellbeing

We hope that Cove Park's rural location and community ethos promotes mental wellbeing, however we understand that a new environment and new routines may come with its own unique challenges and stresses. If you are experiencing anxiety, stress, or other mental health difficulties, and are comfortable sharing this with us, please let us know how best we can support you. If not, here are resources that may be helpful to you:

- If it would be helpful to get medical advice, call 111
- If you need help urgently, call [Samaritans](#) at 116 123
- If you need therapy: [Black Minds Matter](#), [Breathing Space](#)

- If you need information on how to cope in a crisis: [Mind](#), [SAMH](#)

COVID-19: Resident Guidance

We are committed to minimising the risks of COVID-19 for our residents and staff and would appreciate your understanding and co-operation to achieve this. As members of the Cove Park community, we all have a responsibility to follow guidance to minimise transmission and to reduce the risk of infection as much as we can.

We will continue to undertake enhanced cleaning procedures across Cove Park's facilities and provide hand sanitiser and face masks. However, we do not require residents to wear a face mask in communal spaces on site but understand if you wish to do so: we appreciate that everyone has their own levels of comfort and would ask that you respect your fellow residents' desires for physical distancing etc.

We no longer require residents to undertake a lateral flow test before travelling to Cove Park but do ask that you remain vigilant for symptoms of COVID-19 prior to your arrival and during your stay. If you begin to feel unwell, we can provide you with a lateral flow test if required. If you test positive during your residency, please remain in your accommodation, and inform a member of the team. We would ask you to travel home if it is possible to do so or remain in isolation at Cove Park until a negative test is achieved.

Further information of Scottish Government COVID-19 Guidance is available [here](#).

Departure

On departure, we ask you to please:

- Leave the key for your accommodation in the door.
- Place any unused food in the communal fridge or pantry in the Jacobs Building.
- Take all general waste and recycling up-site to the bin enclosure at the top of the site.
- Place all bed linen, bathmats, and tea towels in the red bin bag provided, tie closed, and leave this bag within the accommodation.

- Let us know of any breakages or faults in the accommodation by contacting staff.
- Ensure that all lights, heaters or towel radiators are switched off.

Contact Information: The Team

Cat Auburn, Handyperson
Cat@covepark.org

Lynn Barr, Housekeeper

Karen Dalglish, Operations Supervisor (Housekeeping)
Karen@covepark.org

Thom Rees, Site Manager
Thom@covepark.org
(+44) 07812 389084

Emma Henderson, Curator of Engagement
emma@covepark.org

Alexia Holt, Director
alexia@covepark.org
(+44) 07789707016

Nicola Jamieson, Programmes & Development Coordinator
Nicola@covepark.org

Alex Marrs, Programmes & Communications Producer
alex@covepark.org

Kerrie MacQueen, Finance & Operations Manager
kerrie@covepark.org

Sharon Neal, Housekeeper

Nichola Welsh, Housekeeper

Main Office

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G84 0PE
Scotland

Tel: +44 (0)1436 850500
E-mail: information@covepark.org
Web: www.covepark.org

The office is staffed Monday - Friday, 9am - 5pm

Emergency Contact Numbers

Call 999 in a medical emergency. This is when someone is seriously ill or injured, and their life is at risk.

Call 111 if you have an urgent medical problem and you are not sure what to do. Please call this number only out of hours when you cannot reach a local general practitioner or dentist.

Doctors

Dr Oliver Corbett
[Kilcreggan Medical Centre](#)
Fort Road
Kilcreggan

01436 842156

The surgery is open Monday, Wednesday, Thursday, and Friday, 8am - 6pm. On Tuesday it is open 8am - 1pm. After 1pm on Tuesday cover is provided by Garelochhead Medical Centre (01436 810370). It is closed on Saturdays and Sundays. If you need medical advice outside of surgery hours, please call NHS on 111.

- [Guidance on Healthcare in Scotland for overseas visitors](#)

Dentist

There is no dentist on the peninsula. The nearest dental surgeries are in Helensburgh. In an emergency contact NHS on 111.

Taxis

Peninsula Cabs - 07403 694550
- Black hackney cab wheelchair accessible

Tartan Wolf Minicabs, Helensburgh - 01436 406080

- 24 hr electric cab company
- Pram and wheelchair accessible

Mike's Taxis, Helensburgh - 07831 591173 / taxis@helensburghtaxiuk.com

Glasgow Cabs - [book online or via app](#)

We hope this Handbook helps to make your stay as welcoming and comfortable as possible. Please contact a member of the Team if you have any further questions. Thank you.